

2013-2016 USA Swimming National Age Group Motivational Times - SCY

Girls							Event	Boys						
JO's	B	BB	A	AA	AAA	AAAA	10 & Under	AAAA	AAA	AA	A	BB	B	JO's
35.19	39.49	35.69	31.89	30.59	29.29	28.09	50 Free	27.79	28.99	30.19	31.39	34.99	38.49	35.19
1:20.39	1:30.69	1:21.09	1:11.39	1:08.19	1:04.99	1:01.79	100 Free	1:01.09	1:04.09	1:07.19	1:10.19	1:19.39	1:28.49	1:20.69
2:58.29	3:20.19	2:58.29	2:36.39	2:29.09	2:21.79	2:14.39	200 Free	2:12.39	2:18.69	2:24.99	2:31.29	2:50.19	3:09.09	2:53.89
7:13.99	8:30.49	7:39.49	6:48.39	6:31.39	6:14.39	5:57.39	500 Free	5:51.99	6:08.79	6:25.49	6:42.29	7:32.59	8:22.79	7:09.99
41.59	48.59	43.29	37.99	36.19	34.39	32.69	50 Back	32.39	34.19	35.99	37.79	43.19	48.59	42.99
1:31.79	1:45.09	1:33.49	1:21.79	1:17.89	1:13.99	1:10.09	100 Back	1:09.59	1:13.19	1:16.69	1:20.29	1:30.89	1:41.59	1:34.59
47.49	53.59	47.79	41.99	40.09	38.19	36.29	50 Breast	36.19	38.09	39.99	41.89	47.49	53.19	48.69
1:44.99	1:59.39	1:46.19	1:32.89	1:28.49	1:24.09	1:19.69	100 Breast	1:19.49	1:23.39	1:27.39	1:31.39	1:43.19	1:55.09	1:46.49
43.19	47.99	42.39	36.69	34.79	32.89	30.99	50 Fly	30.89	32.69	34.39	36.19	41.39	46.69	43.19
1:43.59	1:55.49	1:40.39	1:25.29	1:20.19	1:15.19	1:10.19	100 Fly	1:10.09	1:14.99	1:19.89	1:24.79	1:39.39	1:54.09	1:42.09
1:32.09	1:44.29	1:33.19	1:22.09	1:18.39	1:14.69	1:10.99	100 IM	1:10.49	1:13.79	1:17.19	1:20.49	1:30.59	1:40.69	1:30.99
3:19.39	3:40.39	3:17.29	2:54.19	2:46.49	2:38.79	2:31.09	200 IM	2:31.79	2:39.29	2:46.89	2:54.49	3:17.19	3:39.89	3:19.39
JO's	B	BB	A	AA	AAA	AAAA	11-12	AAAA	AAA	AA	A	BB	B	JO's
30.39	34.09	31.69	29.39	28.19	26.99	25.79	50 Free	24.79	25.99	27.19	28.39	30.69	33.09	30.59
1:07.99	1:13.59	1:08.29	1:03.09	1:00.49	57.79	55.19	100 Free	54.19	56.69	59.29	1:01.89	1:06.99	1:12.19	1:07.49
2:30.79	2:41.19	2:29.69	2:18.19	2:12.39	2:06.69	2:00.89	200 Free	1:57.89	2:03.49	2:09.19	2:14.79	2:25.99	2:37.19	2:29.79
6:40.09	7:10.39	6:39.69	6:08.89	5:53.59	5:38.19	5:22.79	500 Free	5:17.29	5:32.39	5:47.49	6:02.59	6:32.79	7:02.99	6:36.49
	14:48.09	13:44.69	12:41.19	12:09.49	11:37.79	11:06.09	1000 Free	10:55.49	11:26.69	11:57.89	12:29.09	13:31.49	14:33.89	
	25:01.49	23:14.19	21:26.99	20:33.39	19:39.69	18:46.09	1650 Free	18:33.29	19:26.29	20:19.29	21:12.29	22:58.29	24:44.29	
36.19	38.79	36.09	33.29	31.89	30.49	29.09	50 Back	28.59	30.09	31.59	33.09	36.09	38.99	36.89
1:18.69	1:26.29	1:19.49	1:12.69	1:09.29	1:05.89	1:02.49	100 Back	1:00.89	1:04.19	1:07.49	1:10.79	1:17.49	1:24.09	1:19.19
2:52.69	2:59.49	2:46.69	2:33.79	2:27.39	2:20.99	2:14.59	200 Back	2:11.49	2:17.79	2:23.99	2:30.29	2:42.79	2:55.29	2:46.49
40.99	43.69	40.59	37.49	35.89	34.29	32.79	50 Breast	31.69	33.39	35.19	36.89	40.29	43.79	40.99
1:28.89	1:35.79	1:28.69	1:21.69	1:18.09	1:14.59	1:10.99	100 Breast	1:08.59	1:12.19	1:15.79	1:19.39	1:26.49	1:33.69	1:28.89
3:13.99	3:25.89	3:11.19	2:56.49	2:49.09	2:41.79	2:34.39	200 Breast	2:28.29	2:35.29	2:42.39	2:49.39	3:03.49	3:17.69	3:07.09
35.29	37.29	34.59	31.89	30.59	29.29	27.99	50 Fly	27.19	28.69	30.19	31.69	34.69	37.69	35.59
1:21.09	1:26.29	1:19.39	1:12.49	1:08.99	1:05.59	1:02.09	100 Fly	1:00.19	1:03.69	1:07.09	1:10.59	1:17.59	1:24.49	1:19.69
2:51.59	3:02.39	2:49.39	2:36.39	2:29.79	2:23.29	2:16.79	200 Fly	2:13.59	2:19.89	2:26.29	2:32.69	2:45.39	2:58.09	2:48.29
1:19.39	1:25.59	1:19.49	1:13.29	1:10.29	1:07.19	1:04.19	100 IM	1:01.99	1:05.09	1:08.09	1:11.09	1:17.19	1:23.19	1:18.29
2:50.69	3:02.49	2:49.49	2:36.39	2:29.89	2:23.39	2:16.89	200 IM	2:13.89	2:20.69	2:27.59	2:34.39	2:47.99	3:01.69	2:51.19
6:09.39	6:29.49	6:01.69	5:33.89	5:19.99	5:06.09	4:52.19	400 IM	4:45.09	4:58.69	5:12.19	5:25.79	5:52.99	6:20.09	6:00.69
JO's	B	BB	A	AA	AAA	AAAA	13-14	AAAA	AAA	AA	A	BB	B	JO's
28.59	32.89	30.49	28.19	26.99	25.79	24.69	50 Free	22.79	23.89	24.89	25.99	28.19	30.39	27.59
1:02.99	1:11.39	1:06.29	1:01.19	58.69	56.09	53.59	100 Free	49.79	52.09	54.49	56.89	1:01.59	1:06.29	59.99
2:19.09	2:34.19	2:23.19	2:12.09	2:06.59	2:01.09	1:55.59	200 Free	1:48.39	1:53.59	1:58.69	2:03.89	2:14.19	2:24.49	2:14.39
6:15.49	6:51.79	6:22.39	5:52.99	5:38.29	5:23.49	5:08.79	500 Free	4:52.09	5:05.99	5:19.99	5:33.89	6:01.69	6:29.49	6:02.99
13:08.29	14:08.89	13:08.29	12:07.59	11:37.29	11:06.99	10:36.69	1000 Free	10:03.89	10:32.69	11:01.39	11:30.19	12:27.69	13:25.19	12:43.59
21:53.19	23:34.19	21:53.19	20:12.19	19:21.69	18:31.19	17:40.69	1650 Free	16:51.29	17:39.39	18:27.59	19:15.69	20:51.99	22:28.29	21:17.79
1:11.29	1:18.29	1:12.69	1:07.09	1:04.29	1:01.49	58.69	100 Back	55.19	57.79	1:00.39	1:03.09	1:08.29	1:13.59	1:09.79
2:38.19	2:48.39	2:36.29	2:24.29	2:18.29	2:12.29	2:06.29	200 Back	1:58.79	2:04.49	2:10.09	2:15.79	2:27.09	2:38.39	2:33.79
1:22.39	1:29.89	1:23.49	1:17.09	1:13.79	1:10.59	1:07.39	100 Breast	1:01.99	1:04.89	1:07.89	1:10.79	1:16.69	1:22.59	1:19.89
2:58.09	3:14.59	3:00.69	2:46.79	2:39.79	2:32.89	2:25.89	200 Breast	2:15.59	2:22.09	2:28.49	2:34.99	2:47.89	3:00.79	2:53.19
1:14.49	1:17.69	1:12.19	1:06.59	1:03.89	1:01.09	58.29	100 Fly	54.19	56.79	59.29	1:01.89	1:07.09	1:12.19	1:10.09
2:40.99	2:52.39	2:40.09	2:27.79	2:21.69	2:15.49	2:09.29	200 Fly	2:00.79	2:06.59	2:12.29	2:18.09	2:29.59	2:41.09	2:34.59
2:37.39	2:53.89	2:41.49	2:29.09	2:22.79	2:16.59	2:10.39	200 IM	2:01.99	2:07.79	2:13.69	2:19.49	2:31.09	2:42.69	2:31.99
5:44.49	6:08.49	5:42.19	5:15.89	5:02.69	4:49.59	4:36.39	400 IM	4:18.69	4:31.09	4:43.39	4:55.69	5:20.29	5:44.99	5:29.29

2013-2016 USA Swimming Motivational Times - Top 16 Based (SCY)

Girls							Event	Boys						
JO's	B	BB	A	AA	AAA	AAAA	15-16	AAAA	AAA	AA	A	BB	B	JO's
27.29	32.29	29.99	27.69	26.59	25.39	24.29	50 Free	21.69	22.79	23.79	24.79	26.89	28.99	24.09
59.39	1:09.99	1:04.99	59.99	57.49	54.99	52.49	100 Free	47.49	49.69	51.99	54.19	58.69	1:03.29	52.79
2:09.09	2:31.49	2:20.69	2:09.89	2:04.39	1:58.99	1:53.59	200 Free	1:44.09	1:48.99	1:53.99	1:58.89	2:08.79	2:18.69	1:57.29
5:48.99	6:41.99	6:13.29	5:44.59	5:30.29	5:15.89	5:01.49	500 Free	4:41.59	4:54.99	5:08.39	5:21.79	5:48.59	6:15.49	5:22.49
12:21.39	13:51.99	12:52.59	11:53.09	11:23.39	10:53.69	10:23.99	1000 Free	9:42.79	10:10.59	10:38.29	11:06.09	12:01.59	12:57.09	11:34.19
20:03.89	23:06.29	21:27.19	19:48.19	18:58.69	18:09.19	17:19.69	1650 Free	16:19.99	17:06.69	17:53.29	18:39.99	20:13.29	21:46.69	19:07.59
1:08.19	1:16.29	1:10.79	1:05.39	1:02.69	59.89	57.19	100 Back	52.29	54.79	57.29	59.79	1:04.69	1:09.69	1:02.19
2:27.29	2:45.49	2:33.59	2:21.79	2:15.89	2:09.99	2:04.09	200 Back	1:53.69	1:59.09	2:04.49	2:09.89	2:20.69	2:31.59	2:14.89
1:17.19	1:27.49	1:21.19	1:14.99	1:11.89	1:08.79	1:05.59	100 Breast	59.39	1:02.19	1:05.09	1:07.89	1:13.59	1:19.19	1:09.09
2:46.89	3:09.99	2:56.39	2:42.79	2:35.99	2:29.29	2:22.49	200 Breast	2:09.59	2:15.79	2:21.99	2:28.09	2:40.49	2:52.79	2:37.69
1:07.89	1:16.19	1:10.69	1:05.29	1:02.59	59.89	57.09	100 Fly	51.59	53.99	56.49	58.99	1:03.89	1:08.79	59.99
2:34.69	2:46.79	2:34.89	2:22.99	2:16.99	2:10.99	2:05.09	200 Fly	1:54.99	2:00.39	2:05.89	2:11.39	2:22.29	2:33.29	2:21.29
2:26.89	2:49.49	2:37.39	2:25.29	2:19.29	2:13.19	2:07.19	200 IM	1:55.69	2:01.29	2:06.79	2:12.29	2:23.29	2:34.29	2:13.29
5:18.29	5:58.49	5:32.89	5:07.29	4:54.49	4:41.69	4:28.89	400 IM	4:09.29	4:21.09	4:32.99	4:44.89	5:08.59	5:32.29	4:51.09
JO's	B	BB	A	AA	AAA	AAAA	17-18	AAAA	AAA	AA	A	BB	B	JO's
27.29	31.99	29.69	27.49	26.29	25.19	23.29	50 Free	21.29	22.29	23.29	24.29	26.29	28.29	24.09
59.39	1:09.39	1:04.49	59.49	56.99	54.49	52.09	100 Free	46.39	48.69	50.89	53.09	57.49	1:01.89	52.79
2:09.09	2:29.89	2:19.19	2:08.49	2:03.09	1:57.79	1:52.39	200 Free	1:41.99	1:46.89	1:51.69	1:56.59	2:06.29	2:15.99	1:57.29
5:48.99	6:39.39	6:10.89	5:42.29	5:28.09	5:13.79	4:59.59	500 Free	4:36.19	4:49.39	5:02.49	5:15.69	5:41.99	6:08.29	5:22.49
12:21.39	13:46.19	12:47.19	11:48.19	11:18.69	10:49.19	10:19.69	1000 Free	9:38.79	10:06.39	10:33.99	11:01.49	11:56.59	12:51.79	11:34.19
20:03.89	23:01.09	21:22.49	19:43.79	18:54.49	18:05.19	17:15.89	1650 Free	16:06.19	16:52.19	17:38.19	18:24.19	19:56.29	21:28.29	19:07.59
1:08.19	1:15.29	1:09.99	1:04.59	1:01.89	59.19	56.49	100 Back	50.79	53.19	55.69	58.09	1:02.89	1:07.69	1:02.19
2:27.29	2:42.59	2:30.99	2:19.39	2:13.59	2:07.79	2:01.99	200 Back	1:50.59	1:55.79	2:01.09	2:06.29	2:16.89	2:27.39	2:14.89
1:17.19	1:25.89	1:19.79	1:13.59	1:10.59	1:07.49	1:04.39	100 Breast	57.99	1:00.79	1:03.59	1:06.29	1:11.79	1:17.39	1:09.09
2:46.89	3:06.89	2:53.49	2:40.19	2:33.49	2:26.79	2:20.19	200 Breast	2:05.39	2:11.29	2:17.29	2:23.29	2:35.19	2:47.09	2:37.69
1:07.89	1:14.99	1:09.59	1:04.29	1:01.59	58.89	56.19	100 Fly	50.49	52.89	55.29	57.69	1:02.49	1:07.29	59.99
2:34.69	2:45.89	2:34.09	2:22.19	2:16.29	2:10.39	2:04.39	200 Fly	1:52.69	1:57.99	2:03.39	2:08.69	2:19.49	2:30.19	2:21.29
2:26.89	2:47.29	2:35.29	2:23.39	2:17.39	2:11.49	2:05.49	200 IM	1:53.49	1:58.89	2:04.29	2:09.69	2:20.49	2:31.29	2:13.29
5:18.29	5:55.79	5:30.39	5:04.99	4:52.29	4:39.59	4:26.89	400 IM	4:02.59	4:14.19	4:25.69	4:37.29	5:00.39	5:23.49	4:51.09